

CROSS COUNTRY TEAM RECORDS

Year	Coach	Team Record			Team Finishes				
		Wins	Losses	Ties	GCL	City	District	Regional	State
1963	Bill Cady	?	?	?	6th	--	?	--	--
1964	George Dirr	?	?	?	?	-	?	-	-
1965	Othmar Morman	?	?	?	2nd	-	?	-	-
1966	Bro. Nathan Robinson	?	?	?	5th	-	?	-	-
1967	Ken Swinson	?	?	?	DNF	-	8th	-	-
1968	David Fairchild	?	?	?	5th	-	7th	-	-
1969	Richard Meyer	?	?	?	4th	-	5th	-	-
1970	Richard Meyer	?	?	?	4th	-	4th	-	-
1971	Jerry Green	?	?	?	5th	-	10th	-	-
1972	Jerry Green	?	?	?	5th	-	13th	-	-
1973	Bro. David Wissel	?	?	?	5th	-	12th	-	-
1974	Ferd Flick	?	?	?	6th	-	15th	-	-
1975	George Dirr	?	?	?	5th	-	7th	-	-
1976	George Dirr	?	?	?	5th	-	7th	-	-
1977	John Rush	?	?	?	3rd	-	5th	-	-
1978	Tim Lynch	?	?	?	2nd	3rd	2nd	9th	-
1979	Mike Page	?	?	?	5th	-	7th	-	-
1980	Mike Page	?	?	?	6th	-	11th	-	-
1981	Jamie Redden	?	?	?	5th	-	7th	-	-
1982	Jamie Redden	?	?	?	4th	-	9th	-	-
1983	Frank Russo	11	45	1	5th	-	11th	-	-
1984	Frank Russo	60	22	0	3rd	10th	9th	-	-
1985	Frank Russo	115	34	0	3rd	7th	10th	-	-
1986	Frank Russo	154	23	0	3rd	4th	3rd	3rd	2nd
1987	Frank Russo	112	18	0	3rd	5th	4th	5th	-
1988	Frank Russo	93	19	0	2nd	3rd	2nd	7th	-
1989	Frank Russo	104	29	0	3rd	3rd	3rd	3rd	8th
1990	Frank Russo	128	18	0	3rd	3rd	3rd	4th	8th
1991	Frank Russo	115	13	0	3rd	3rd	2nd	1st	7th
1992	Frank Russo	122	3	0	1st	1st	1st	1st	4th
1993	Frank Russo	132	9	0	1st	1st	1st	2nd	7th
1994	Frank Russo	98	12	0	2nd	2nd	2nd	6th	-
1995	Frank Russo	106	15	0	3rd	4th	2nd	7th	-
1996	Frank Russo	110	9	0	2nd	2nd	1st	4th	5th
1997	Frank Russo	110	17	0	2nd	3rd	2nd	4th	10th
1998	Frank Russo	81	16	0	3rd	4th	2nd	6th	-
1999	Frank Russo	129	5	0	1st	1st	2nd	2nd	4th
2000	Frank Russo	124	5	0	2nd	2nd	1st	2nd	2nd
2001	Frank Russo	156	3	0	1st	1st	1st	1st	2nd
2002	Frank Russo	135	17	0	1st	1st	1st	1st	2nd
2003	Frank Russo	141	27	0	2nd	4th	2nd	4th	6th
2004	Frank Russo	140	10	0	2nd	2nd	3rd	2nd	2nd
2005	Frank Russo	201	7	0	1st	1st	1st	1st	1st
2006	Frank Russo	164	7	0	1st	1st	1st	1st	1st

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2007	Frank Russo	114	46	0	3rd	8th	3rd	11th	-
2008	Frank Russo	138	29	0	1st	1st	1st	3rd	15th
2009	Frank Russo	133	53	0	3rd	5th	3rd	3rd	16th
2010	Frank Russo	189	17	0	2nd	2nd	1st	1st	12th
2011	Frank Russo	115	42	0	2nd	7th	4th	9th	-
2012	Frank Russo	83	52	0	4th	-	6th	-	-
2013	Frank Russo	113	42	0	3rd	-	6th	-	-
2014	Frank Russo	131	14	0	2nd	6th	3rd	6th	-
2015	Frank Russo	148	8	0	2nd	3rd	2nd	6th	-
2016	Frank Russo	155	21	0	2nd	3rd	2nd	7th	-
2017	Frank Russo	113	32	0	4th	-	7th	-	-
2018	Derrick Jackson	98	64	0	3rd	-	5th	-	-
2019	Derrick Jackson	50	106	0	4th	-	11th	-	-
2020	Nick Jarrell	24	59	0	4th	-	9th	-	-
2021	Nick Jarrell	33	75	0	4th	-	8th	-	-
2022	Nick Jarrell	75	67	0	4th	-	9th	-	-
2023	Nick Jarrell	58	67	0	4th	-	8th	-	-
2024	Nick Jarrell	24	82	0	4th	-	12th	-	-

CROSS COUNTRY COACHING RECORDS

Year	Coach	Wins	Losses	Ties	Best City Ranking	Best GCL Place	Best District Place	Best Regional Place	Best State Place
1983 - 2017	Frank Russo	4161	707	--	1st	1st	1st	1st	1st
2018 - 2019	Derrick Jackson	150	170	--	NR ₁	3rd	5th	--	--
2020 - 2024	Nick Jarrell	214	350	--	NR ₁	4th	8th	--	--

* Wins and losses for coaches prior to 1983 were not available

NR₁ - Team was not ranked in the final city poll during that coach's tenure

CROSS COUNTRY TEAM CHAMPIONSHIPS

<u>GCL</u>	<u>CITY</u>	<u>DISTRICT</u>	<u>REGIONAL</u>	<u>STATE RUNNER- UP</u>	<u>STATE CHAMPION</u>
1992	1992	1992	1991	1983	2005
1993	1993	1993	1992	2000	2006
1999	1999	1996	2001	2001	
2001	2001	2000	2002	2002	
2002	2002	2001	2005	2004	
2005	2005	2002	2006		
2006	2006	2005	2010		
2008	2008	2006			
		2008			
		2010			

CROSS COUNTRY PARADE OF CHAMPIONS

GCL INDIVIDUAL CHAMPIONS

YEAR	RUNNER	DISTANCE	TIME
1979	Eric Huey	2.5 Miles	12:52
1986	Dan Fulmer	5000 Meters	15:27
1991	Doug Bockenstette	5000 Meters	15:58
1992	Doug Bockenstette	5000 Meters	15:15
1993	Doug Bockenstette	5000 Meters	15:38
1994	Dean Fulmer	5000 Meters	15:14
1996	Jay Hummel	5000 Meters	15:44
1997	Derrick Butler	5000 Meters	15:23
1998	Steve Padgett	5000 Meters	15:16
1999	Steve Padgett	5000 Meters	15:17
2000	Allen Bader	5000 Meters	15:24
2001	Allen Bader	5000 Meters	15:09
2002	Eric Mayhaus	5000 Meters	15:20
2006	Kyle Lang	5000 Meters	15:20
2008	Travis Hawes	5000 Meters	16:06
2011	Drew Michel	5000 Meters	15:37
2015	Brad Anneken	5000 Meters	16:01.5

DISTRICT INDIVIDUAL CHAMPIONS

YEAR	RUNNER	DISTANCE	TIME
1970	Mike Martin	2.0 Miles	10:00.4
1979	Eric Huey	2.5 Miles	12:42
1986	Dan Fulmer	5000 Meters	15:51
1991	Doug Bockenstette	5000 Meters	16:28
1992	Doug Bockenstette	5000 Meters	15:40
1993	Doug Bockenstette	5000 Meters	15:46
1994	Dean Fulmer	5000 Meters	15:36.3
1996	Jay Hummel	5000 Meters	16:16
1998	Steve Padgett	5000 Meters	15:39
1999	Steve Padgett	5000 Meters	15:32
2000	Allen Bader	5000 Meters	15:26
2001	Allen Bader	5000 Meters	15:31
2005	Kyle Lang	5000 Meters	16:01.1
2010	Travis Hawes	5000 Meters	15:48.7

REGIONAL INDIVIDUAL CHAMPIONS

YEAR	RUNNER	DISTANCE	TIME
1992	Doug Bockenstette	5000 Meters	15:36.3
1993	Doug Bockenstette	5000 Meters	16:07.6
1994	Dean Fulmer	5000 Meters	15:45.0
1999	Steve Padgett	5000 Meters	15:29.2
2000	Allen Bader	5000 Meters	15:26.3
2001	Allen Bader	5000 Meters	15:33.7

STATE INDIVIDUAL CHAMPIONS

YEAR	RUNNER	DISTANCE	TIME
1993	Doug Bockenstette	5000 Meters	15:18.2
1999	Steve Padgett	5000 Meters	15:19.9
2000	Allen Bader	5000 Meters	15:21.0
2001	Allen Bader	5000 Meters	15:07.0

CROSS COUNTRY PARADE OF CHAMPIONS

"An All Time Career Best Ranking of La Salle's Cross Country Runners at Championship Meets"

GCL MEET (Rapid Run Park)

Rank	Time	Runner	Year	Place
1	15:09	Allen Bader	2001	1st
2	15:14	Dean Fulmer	1994	1st
3	15:15	Doug Bockenstette	1992	1st
4	15:16	Steve Padgett	1998	1st
5	15:20	Eric Mayhaus	2002	1st
	15:20	Kyle Lang	2006	1st
7	15:23	Derrick Butler	1997	1st
8	15:27	Dan Fulmer	1986	1st
9	15:28	Jason Beck	2002	3rd
10	15:29	Jake Nusekabel	2006	2nd

REGIONAL MEET (Troy Memorial Stadium)

Rank	Time	Runner	Year	Place
1	15:26	Allen Bader	2000	1st
2	15:29	Steve Padgett	1999	1st
3	15:36	Doug Bockenstette	1992	1st
4	15:43	Dan Fulmer	1985	2nd
5	15:44	Dave Padgett	1992	3rd
6	15:45	Dean Fulmer	1994	1st
7	15:49	Etahn Bokeno	2010	2nd
8	15:54	Travis Hawes	2007	4th
9	15:58	Derrick Butler	1998	12th
10	15:59	Pat Rischmann	2000	6th

DISTRICT MEET

Rank	Time	Runner	Year	Place
1	15:26***	Allen Bader	2001	1st
2	15:32**	Steve Padgett	1999	1st
3	15:36***	Dean Fulmer	1994	1st
4	15:40***	Doug Bockenstette	1992	1st
5	15:41*	Derrick Butler	1997	3rd
6	15:48**	Travis Hawes	2010	1st
7	15:49***	Dave Padgett	1992	3rd
8	15:51***	Dan Fulmer	1986	1st
9	15:52**	Ethan Bokeno	2010	2nd
10	15:57***	Pat Rischmann	2000	3rd

STATE MEET (Scioto Downs)

Rank	Time	Runner	Year	Place
1	15:07	Allen Bader	2000	1st
2	15:18	Doug Bockenstette	1993	1st
3	15:19	Steve Padgett	1999	1st
4	15:42	Dean Fulmer	1993	5th
5	15:48	Jake Nusekabel	2006	11th
6	15:50	Dan Fulmer	1986	2nd
7	15:51	Dave Padgett	1992	10th
	15:51	Travis Hawes	2007	12th
9	15:52	Derrick Butler	1998	11th
10	15:53	Jason Beck	2002	7th

*-McGinnis Park, **-VOA Park, ***-Princeton M.S.

CROSS COUNTRY STATE QUALIFIERS - PLACE

Year	Name	Time	Place	Year	Name	Time	Place	Year	Name	Time	Place
1965	Neil Le Saint	?	?	1993	Nick Bollin	18:02	193th	2004	Kyle Lang	16:37	35th
1969	Russ Martin	?	18th	1994	Dean Fulmer	15:46	2nd	2004	Greg Bader	16:42	40th
1969	Mike Martin	?	26th	1995	Jay Hummel	16:58	54th	2004	Corey Spriggs	17:14	83rd
1970	Russ Martin	9:58	5th	1996	Jay Hummel	16:15	23rd	2004	Andrew St. Geroge	17:23	92nd
1970	Mike Martin	10:03	11th	1996	Steve Padgett	16:44	53rd	2004	Tim Bittner	17:00	93rd
1975	Jay Huey	9:52	13th	1996	Derrick Butler	16:48	59th	2004	Greg Stein	18:19	143rd
1976	Steve Groh	?	?	1996	Chris Ruthemeyer	17:03	82nd	2005	Kyle Lang	15:59	10th
1978	Eric Huey	?	?	1996	Pete Carusone	17:20	105th	2005	Jake Nusekabel	16:10	18th
1979	Eric Huey	12:30	4th	1996	Adam Eiser	17:28	115th	2005	Greg Bader	16:23	29th
1981	Pat Doyle	?	?	1996	Nick Weidner	17:33	120th	2005	Corey Spriggs	16:27	38th
1985	Dan Fulmer	16:51	36th	1997	Derrick Butler	15:57	8th	2005	Ricky Lupp	16:49	53rd
1986	Dan Fulmer	15:50	3rd	1997	Steve Padgett	15:59	10th	2005	Mitch Heusmann	17:17	89th
1986	Dave Gunn	16:43	37th	1997	Chris Hoeffler	17:11	106th	2005	Andrew St. Geroge	17:44	121st
1986	Rick Vogele	16:48	44th	1997	Nick Weidner	17:16	113th	2006	Jake Nusekabel	15:48	11th
1986	Jeff Banks	16:57	54th	1997	Tyler Kolkmeier	17:42	141st	2006	Kyle Lang	15:57	16th
1986	Chris Lienhart	17:13	79th	1997	Joe Kramer	17:56	147th	2006	Ricky Lupp	16:19	28th
1986	Rob Roellig	18:04	120th	1997	Mike Robbins	18:02	150th	2006	Corey Spriggs	16:31	41st
1986	Sean Quick	18:12	122nd	1998	Steve Padgett	15:27	3rd	2006	Mike Inderhees	16:46	63rd
1987	Rick Vogele	16:52	59th	1998	Derrick Butler	15:52	11th	2006	Mitch Heusmann	16:54	74th
1988	Mike Hudepohl	17:40	62nd	1999	Steve Padgett	15:19	1st	2006	Sean Comer	17:07	97th
1989	Mike Hudepohl	16:20	17th	1999	Patrick Rischmann	16:15	23rd	2007	Travis Hawes	15:51	12th
1989	Tom Herrmann	17:11	88th	1999	Allen Bader	16:30	42nd	2008	Travis Hawes	16:33.0	64th
1989	Tim Bilkasley	17:12	90th	1999	Doug Fulmer	17:07	86th	2008	Ethan Bokeno	16:34.2	65th
1989	Rob Heckler	17:15	95th	1999	Kevin Wright	17:08	88th	2008	Lee Southwood	16:47.5	84th
1989	Brian Jostworth	17:22	105th	1999	Jason Beck	17:20	103rd	2008	Alex Thiery	16:56.3	99th
1989	Noel Enneking	17:31	116th	1999	Mike Robbins	17:48	131st	2008	Kevin Kluesener	18:15.6	136th
1989	Doug Vogele	17:56	137th	2000	Allen Bader	15:21	1st	2008	Clayton Cardinal	18:30.8	141st
1990	Dave Padgett	16:46	61st	2000	Patrick Rischmann	15:55	15th	2009	Ethan Bokeno	18:19.1	141st
1990	Rob Heckler	16:50	66th	2000	Garrett Grogan	16:09	34th	2009	Travis Hawes	16:50.4	57th
1990	Tim Bilkasley	16:56	77th	2000	Eric Mayhaus	16:17	39th	2009	Kevin Kluesener	17:38.7	117th
1990	Tom Herrmann	16:57	79th	2000	Kevin Wright	16:50	85th	2009	Jake McNamara	18:15.9	139th
1990	Noel Enneking	17:03	85th	2000	Zac Altenau	16:58	95th	2009	Rob Ripperger	18:03.9	132nd
1990	Doug Ludmann	17:40	127th	2000	Paul Calardo	18:15	144th	2009	Alex Thiery	17:03.6	77th
1990	Robert Mohr	17:42	132nd	2001	Alan Bader	15:07	1st	2010	Travis Hawes	15:54.9	20th
1991	Doug Bockenstette	16:06	20th	2001	Garrett Grogan	16:03	25th	2010	Alex Thiery	16:12	48th
1991	Noel Enneking	16:31	64th	2001	Jason Beck	16:13	33rd	2010	Drew Michel	16:26.4	74th
1991	Dave Padgett	16:37	77th	2001	Eric Mayhaus	16:13	34th	2010	Matt Schroeck	17:00.4	115th
1991	Jamey Flynn	16:56	109th	2001	Kyle Dragan	16:27	49th	2010	Kevin Kluesener	17:00.5	116th
1991	Dean Fulmer	16:58	111th	2001	Zac Altenau	16:45	82nd	2010	Marc Nie	17:09.7	123rd
1992	Chris Terbruggen	17:19	134th	2001	Paul Calardo	17:02	108th	2011	Drew Michel	16:28.8	48th
1991	Robert Mohr	17:31	147th	2002	Jason Beck	15:53	7th	2018	Nick Vogt	17:05.1	77th
1992	Doug Bockenstette	15:18	5th	2002	Eric Mayhaus	16:09	24th				
1992	Dave Padgett	15:51	10th	2002	Dan Heister	16:26	41st				
1992	Dean Fulmer	15:58	13th	2002	Bill Keckeis	16:30	44th				
1992	Jamey Flynn	16:49	78th	2002	Kyle Dragan	16:31	47th				
1992	Chris Terbruggen	17:03	98th	2002	Andy Bittner	17:11	106th				
1992	Scott Sievering	17:13	109th	2002	Paul Calardo	17:42	127th				
1992	Brian Roller	17:16	114th	2003	Paul Calardo	16:30	30th				
1993	Doug Bockenstette	15:18	1st	2003	Kyle Dragan	16:33	34th				
1993	Dean Fulmer	15:42	5th	2003	Bill Keckeis	16:41	45th				
1993	Brian Roller	16:42	62nd	2003	Andy Bittner	16:54	66th				
1993	Bill Baumgartner	17:02	91st	2003	Ben DeVoe	17:12	99th				
1993	Tim Mohr	17:09	103rd	2003	Greg Bader	17:15	104th				
1993	Scott Sievering	17:48	133rd	2004	Dan Heister	16:32	31st				